

## SO CONNECTED, YET DESPERATELY ALONE.

We have become accustomed to a new way of being alone together in a technological cocoon that covers up our real pain. Our true essence is hidden behind facades that we show to the world from the fear of being judged, criticized, and rejected. This is what brings us out of a natural state of healthy balance, is the root cause of disease, and what creates the segregation experienced worldwide.

#Loneliness is a global call for people to redefine themselves in the face of life's greatest challenges. Comforting, moving, and spiritually practical, this book is a guide to help people break through their apparent loneliness, and shift them toward crowd-nurtured world peace and the next stage in our evolution.

"This masterpiece is a must-read book if you are yearning for a complete new way at looking, understanding, and loving the true nature of your essence."

—DR TODORCHE STAMENOV

"The worldview developed here transcends science, dogma, and belief, giving readers a new way to reconnect with their truth, hearts, and Divine within."

—MIKE MARKOVSKI Self-Esteem Coach

"Tony reveals how inner discord creates our deceptive loneliness, which is spontaneously appearing around the world in the form of war, illness, high divorce rates, financial crisis, and so much more. A life manual that shows us how to extract wisdom from every life adversity to become more balanced, mindful, and heart centered."

—LAURIE CAGNO Singer-Songwriter



**TONY J. SELIMI** is award winning author, coach, and internationally known as a human behavior and cognition expert to business leaders, CEOs, and entrepreneurs who seek his help to find solutions to personal, professional, spiritual, and global problems. As a speaker he breathes inspiration into the audience with his enlightening perspective, humorous metaphors, and compelling, heart illuminating personal journey. Website: [www.tonyselimi.com](http://www.tonyselimi.com)



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#LONELINESS

THE VIRUS OF THE MODERN AGE

TONY JETON SELIMI

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A balm for the restless soul yearning for connection, freedom, and love in the desert of emptiness.

—Foreword by Dr. John Demartini, international best-selling author

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